

Beacon Learning Centre Health and Safety Policy

Standards and Procedures- Infectious Disease (COVID 19)

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Updated June 16th, 2020

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Introduction

The purpose of this policy is to establish a Risk Assessment and a Safety Plan for the provision of care for our staff, the families we serve, any contractors (plumbers, cleaners, A/C services) and any other professionals who may need to enter our workplace.

Symptoms of infectious disease COVID 19 range from mild – like the common cold and other common respiratory infections – to severe, and can include: fever, cough, and difficulty breathing, muscle aches, fatigue, headache, sore throat, and runny nose. Symptoms may also include difficulty swallowing, new olfactory or taste disorder. Complications from the novel coronavirus can include serious conditions, like pneumonia or kidney failure, and in some cases, death.

Symptoms for children could include;

- o Sore throat, hoarse voice
- o Diarrhea
- o Runny nose

Atypical Symptoms/ signs of COVID-19 should be considered, particularly in children, older persons, and people living with a developmental disability. Atypical symptoms can include:

- o Unexplained fatigue/ malaise
- o Delirium (acutely altered mental status and inattention)
- o Unexplained or increased number of falls
- o Acute functional decline
- o Exacerbation of chronic conditions
- o Chills, Headache
- o Croup, Conjunctivitis

For more information about COVID 19 visit the Ministry of Health Ontario -

http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/2019_guidance.aspx or the public health unit at <https://www.phdapps.health.gov.on.ca>

Coronaviruses are spread mainly from person to person through close contact, for example, in a household, workplace or childcare centre.

The 2019 novel coronavirus is spread through respiratory droplets:

- o Primarily from person to person through coughing, sneezing, close contact;
- o Touching contaminated surfaces.

Purpose

As part of our due diligence to provide a safe workplace, the Beacon Learning Centre will develop and implement standards and procedures for the protection of our staff and families against this infectious disease based on a Risk Assessment.

The focus of this assessment is to look at specific jobs, routines, equipment and the environment to determine if the hazard of exposure to this infectious disease has been

adequately controlled and make recommendations for improvement when deficiencies have been identified.

We will assess all areas of our facility that may expose our staff and families to the disease. Once we have assessed those hazards, we will develop controls that will aim to ensure the safety of the staff and our families. As part of that assessment process we will take into consideration elements such as ensuring we understand how Covid 19 is spread and what kind of controls are needed to protect staff and families such as sanitizing, cleaning, and means of physically distancing staff from each other.

Responsibilities

Director (or her designate):

- Review and communicate the current plan to staff and families
- * Require that parents sign a document which acknowledges the possibility of exposure to Covid 19 at the Beacon Learning Centre
- Implement a review of this policy as often as necessary to ensure policy is protecting staff and families
- Respond to recommendations from Ottawa Public Health and the Ministry of Education
- Provide ongoing training to staff
- Communicate this safety plan to Ottawa Public Health and to the Ministry of Education when required.

Staff:

- Understand their responsibilities to take every precaution reasonable for the protection of persons within our workplace.
- Practice and promote good cough and sneeze etiquette.
- Proper hand washing including the need to wash their hands frequently.
- Take a Covid 19 test if required by the Ministry of Education/ OPH.
- Outside of working hours take every reasonable precaution to avoid groups of people, and where this is impossible, such as on public transport and in grocery stores, staff will wear a mask and practice hand hygiene.
- Participate in training
- Wear the Personal Protective Equipment as directed by the director and this policy/ procedure.
- Report to the director or designate if they feel unwell or suspect that they may be infected with Covid-19.

Definitions/ Acronyms

- COVID -19: Is a disease caused by the 2019 Novel Coronavirus
- OPH: Ottawa Public Health
- PPE: Personal Protective Equipment

Risk Assessment

In order to ensure we protect people at our facility from any possible exposure to this infectious disease in the school environment, from equipment, tasks or routines in our workplace, the director or her designate has taken a documented inventory of all areas of our workplace that could expose persons to infectious disease and reviewed the tasks and routines associated with our work.

Areas where persons could come into contact with the infectious disease:

1. High touch areas including gate latches, doors, door knobs, light switches, counter tops, table tops and sides, chairs, faucets, pens, toilets, soap dispensers, phone, keyboard, office desk.

The following measures will be taken to control these hazards:

Cleaning and sanitizing of high touch areas using Enviro Solutions 512 (DIN 02255154) and jay cloth within the classrooms will happen two times per day (morning and afternoon). The classroom teachers will take turns doing this. The cots need to be sanitized every week. Sheets will be changed every week, as usual. A sign off sheet will be provided to document cleaning and sanitizing.

The teaching assistant is responsible for cleaning and sanitizing the staff room table and chairs, the microwave, coffee machine, fridge door and high touch areas in the common areas such as door handles, light switches, the accessible washroom, the gate latches, the front door and side entrance door (inside and outside). This will be performed at 10.30 am, 3.30 pm. A sign off sheet will be provided to document cleaning and sanitizing. Staff will sanitize the staff washroom themselves after each use by spraying the toilet seat, toilet handle, door handle, faucet and sink with Enviro Solutions 512.

The director or designate will be responsible for using a disinfectant wipe to clean twice daily the high touch areas of the office, such as the phone, the keyboard, the desk, the door handles and light switches.

2. Toys, puzzles, art supplies.

The following measures will be taken to control these hazards:

Toys must be washed twice a day in bleach solution (1:10 ratio). Board books are to be wiped down with Lysol wipes, or rotated so a different set of board books are used each day.

Paper books will not be handled by the children.

3. Soft furnishings and toys such as cushions, stuffed animals and dress up clothes.

The following measures will be taken to control this hazard:

The classrooms must have no shared sensory materials, dress ups or stuffed toys.

Bench cushions will be either removed or covered with easy to remove washable covers or vinyl table cloths which may be wiped down.

Daily routines that could expose staff to infectious disease:

1. Comforting a distressed child.

Wear protective smock to cover clothing worn from home. Practice diligence with regards to teacher to child facial proximity. Wear a mask and face shield or goggles. Remove smock for washing and wash hands once the child has recovered.

2. Laying with children to help them sleep.

Wear a face shield or goggles plus a mask. Try to keep a distance from the child's face where possible while comforting a child to sleep.

3. Diaper changing, toileting routines.

Always wear gloves when changing diapers. As always, wash your hands and wash the child's hands after diapering/toileting routine.

4. Assisting a child with personal hygiene such as nose wiping.

Wash hands/use hand sanitizer after wiping a child's nose.

5. Staying with a child who is being isolated due to symptoms of ill health.

If a child develops symptoms of ill health, take him to the director or designate. The child must be immediately isolated (preferably outside) and his parent/guardian called to take the child home as soon as possible. If the child is experiencing respiratory symptoms, the child (aged 2 or over) will be asked to wear a mask while waiting to be picked up. Whether or not the child is willing to wear a mask, the staff person caring for a child with respiratory symptoms must wear gloves, overshirt and face shield in addition to a mask. Hygiene and respiratory etiquette should be practiced while the child is waiting to be picked up. Tissues should be provided to the child for proper respiratory etiquette, with proper disposal of the tissues and proper hand hygiene. Environmental cleaning of the child's isolation space should be conducted once the child has been picked up.

These hazard controls will be regularly assessed and we will ask ourselves if they are adequate, if they can be improved or if we need to create safer work instructions.

Safe Work Procedure for working during COVID 19

In addition to the hazard control measures mentioned above, the following safe work procedure will be implemented:

- Staff will review this plan before starting work and provide feedback of any job hazards that need to be addressed in this policy. This policy will be updated over time as precautions/actions against this virus will change.
- Staff will attempt to remain physically distant from one another while at work (2 metres apart). Staff will only be in their program room and will not visit other program rooms. This is to minimize the number of contacts each person has.
- On arrival at the centre each morning staff members will complete a health / temperature check, wash hands in the accessible washroom and then proceed to their classroom.
- The teaching assistant will greet preschool children at the front door and take them inside to remove their outdoor clothing and wash their hands. Weather permitting, senior preschoolers will be taken directly outside to play. The toddlers will be greeted by another teaching assistant at the playground door, undressed and taken to their rooms to have their hands washed. Parents will not enter the BLC to drop off or pick up their children. At the end of the day parents will have their child brought outside to them by the teaching assistant or the director/designate. Please remember to bring your child's name card to facilitate pick up.
- The classrooms must not have shared sensory materials, dress ups or stuffed toys. Individual water play tubs and batches of play dough may be used. A minimal number of toys will be put out, and only those toys that can be easily washed and sanitized with 1:10 bleach solution.
- Mouthed toys must be removed to be washed and sanitized as soon as the child has finished playing with it.
- Avoid singing inside the classroom as this activity is more likely to spread droplets. Consider having circle time outside.
- Each group needs to take turns playing outside, so there is no contact between programs.
- At rest time try to space out the cots so that the children aren't breathing onto one another's faces. If space is an issue, place the children so they are head to toe.
- The staff and children need to wash their hands when they first arrive at BLC, after coming in from outside, after using the bathroom and before eating.
- Each child needs to bring a clearly labeled water bottle to school each day. They will be kept out of reach and the teachers will offer the children their water bottles throughout the day.
- The cook and teaching assistant will be the only people allowed in the kitchen. The teaching assistant will deliver the food trolleys to the door of each program. The trolleys will be sanitized every morning before snack, before lunch and before afternoon snack by the teaching assistant. Food will be covered with foil/plastic wrap while transported to the program room doors.
- Try to space out children at lunch time. Only teachers may serve food.
- No more than two staff may be in the staff room at a time. Staff are encouraged to eat their lunch outside whenever possible. If staff members leave the BLC during their lunch break they need to ensure that they wash their hands on re-entering the building.
- Staff must wear masks and face shields/goggles while inside unless they are alone in a room. A doctor's note must be provided if an exemption is required. Other PPE include

shirts to be worn over clothing and that can be easily removed for cleaning after comforting a child. Outside staff only need to wear masks and face shields if they are unable to maintain a 2 metre distance from others.

- Supply staff may only work in one childcare centre, and in the childcare centre, in only one program per week, whenever possible, in order to limit exposure.

Daily Screening

Staff will continue to self-screen for Covid symptoms, take their temperature and document this on the staff log in the entrance.

From November 30th 2020 parents have been asked to use an online screening tool in the form of a google doc. The link has been sent to all parents. Parents must use this tool each morning before bringing their child to school. Parents should continue to bring their children at their scheduled drop off time. On arrival, parents will be asked if they have completed and submitted the self-screening tool. If they reply yes, their child will be taken inside by one of the teaching assistants. If they forgot, they will be asked to complete the screening prior to having their child enter the building. Their child will then have their temperature taken by the director or designate.

Parents must wear masks when dropping off and picking up their children.

Any contractor (plumbers, electricians, cleaning supply deliverers, cleaners, A/C services) or OPH staff or Ministry of Education staff who is required to enter the premises will also be required to undergo a COVID-19 screening. These individuals will be required to wear a mask and to practice physical distancing and wash hands on entering the centre. A daily record will be kept of anyone entering the centre, including their name, contact information, screening information and their arrival and departure time.

Pick up time

At the end of the day parents will come to the entrance and hold up the sign with their child's name on it. The teaching assistant or the director/designate will then collect the child from the classroom, wash his hands, collect any wet/soiled clothing and art work from his cubby and then bring him to his parent who will be waiting outside. If the children are playing outside they will be taken directly to their parents and will not wash their hands inside. Please be sure to wash their hands when you arrive home.

Procedure in the event of a staff member or child developing symptoms of ill health

Child care centres have a duty to report confirmed cases of COVID-19 to the Ministry of Education. If a staff member or a child tests positive for Covid 19, parents will be notified by phone and email. Additional testing of staff and children may be required, as directed by OPH. Program attendance records, the Covid binder and the daily screening google doc will be used to facilitate contact tracing.

Child care staff, providers, placement students, and children with any new or worsening symptom of COVID-19, as indicated in the COVID-19 School and Child Care Screening Tool, even those with only one symptom, must stay home until:

- They receive a negative COVID-19 test result, or
- They receive an alternative diagnosis by a health care professional, or
- It has been a minimum of 10 days since their symptom onset and they are feeling better*

*If your child is ill with symptoms that are consistent with COVID-19 and you do **not** have them tested, the child must self-isolate for a minimum of 10 days and symptoms have been improving* for 24 hours **or** 48 hours after vomiting or diarrhea have resolved, before returning to

school/child care. **All** household contacts must self-isolate for a minimum of 14 days. This applies **if** the symptomatic child is able to isolate from the rest of the household. If household members cannot isolate from a symptomatic child (will come into contact with them or share space), then household members must isolate for up to 24 days. The 24 days comes from a 14-day isolation period starting after the symptomatic child finishes their 10 day isolation (10 days + 14 days). OPH strongly encourages testing if children have a symptom consistent with COVID-19.

For the safety of children and teachers, parents must have a plan in place to have their child picked up in a timely manner (within 30 minutes) if they are contacted by BLC because their child is showing symptoms of ill health.

In the event that a staff member develops any symptoms of illness (respiratory or otherwise) while working at the centre, the staff member must be immediately isolated and sent home. If the staff member is experiencing respiratory symptoms, ensure the staff member immediately performs hand hygiene and leaves the centre. In the case of a child developing a symptom of illness, the child will be isolated with the director (or designate), the child's parent/guardian will be contacted and asked to pick up their child within 30 minutes.

Any staff member who develops any symptoms of illness (respiratory or otherwise) must go to an COVID-19 assessment site for testing. If a COVID-19 assessment is positive, the staff may only return to the centre when advised by OPH. If the assessment is negative, the staff may return to the centre 24 hours after symptoms have been resolved.

If a child or family member develops symptoms of ill health a Covid test is mandatory. It should be emphasized that if a child's temperature is 37.8 degrees Celsius or higher, or if the child has cold-like symptoms with a cough, or vomiting and/or diarrhea, they must stay home for 24 hours after symptoms have been resolved (48 hours in the case of vomiting and diarrhea), even when the Covid test result is negative.

If a child suffers from seasonal allergies this must be communicated by email to the director. A medical note from your child's doctor would also be required that states that your child suffers from seasonal allergies.

For more information visit Ottawa Public Health <https://www.ottawapublichealth.ca/en/public-health-topics/supporting-child-care-during-covid-19.aspx>